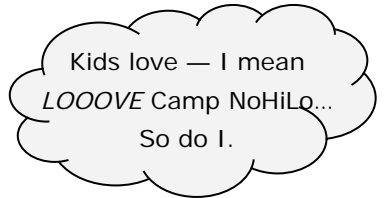




**Diabetes Solutions**  
of Oklahoma

**CAMP NOHILO**  
Education for living...  
Friends for life!  
Diabetes Solutions of Oklahoma

a day camp for Oklahoma kids age 4-10 with diabetes



**Diabetes Solutions**  
of Oklahoma

Diabetes Solutions-OK, Inc.  
3333 NW 63rd, Suite 100  
Oklahoma City, OK 73116  
(405) 843-4386

**June 5-9, 2017**

**Diabetes Solutions – OK, Inc.**  
A non-profit organization  
serving the needs of  
Oklahomans with diabetes.



**Register On-Line!**  
[www.dsok.net](http://www.dsok.net)  
Or download this  
brochure!

For questions or to help support events like this:  
Call (405) 843-4FUN (4386) or e-mail kim@dsok.net

**Camp NOHiLo ... A day camp for children ages 4-10 with diabetes**

## About Camp

Camp NoHiLo is a day camp for children with diabetes.

- Campers may bring a brother or sister who is also 4-10 years old.
- All campers, with and without diabetes, are grouped according to age.

Camp NoHiLo fosters increased confidence and self-esteem, responsibility and age appropriate independence in diabetes care. Campers enjoy traditional indoor and outdoor activities while meeting other children with diabetes.



## Lunch

Campers must bring a sack lunch each day. Snacks and drinks will be provided by the camp.

## Come and play ...



## Program Goals

The goals of Camp NoHiLo are to:

- Increase campers' knowledge of diabetes by providing a healthy and mentally stimulating education program in combination with recreational fun.
- Improve campers' diabetes management problem solving skills and abilities through hands on activities.
- Increase campers' self esteem, confidence and facilitate increased independence by offering the opportunity to meet others with diabetes and share life experiences.
- Promote appropriate emotional and physical growth and development of campers that will continue long after



## All smiles ... nohilo!

## Cost and what's included

Camper fee: \$110 per camper  
Actual cost per child: \$175

The reduced subsidized cost of Camp NoHiLo is made possible by donations to support this program. The subsidized camper fee includes diabetes camp supplies (insulin/testing supplies), medical supervision, supervised program activities, snacks and drinks, arts and crafts, a Camp NoHiLo T-shirt and group picture.

Scholarships are available for those who cannot pay the reduced camper fee. Our goal is that no child is denied access to Camp NoHiLo for financial reasons. If you wish to apply for financial assistance, please check the appropriate box on the registration form. Fees will be adjusted according to demonstrated financial, medical and social need.

## Location, Date and Time

Heritage Hall  
1800 NW 122nd St.  
Oklahoma City  
June 5-9, 2017

Camp NoHiLo will take place June 6-10, 2016 from 9 a.m. to 4:30 p.m. Campers may be dropped off each day as early as 8:30 a.m. and picked up as late as 5:30 p.m.



## Staff

The volunteer staff consists of group counselors ages 14-24 years of age, parents and other adults, and medical staff (physicians, certified diabetes educators, nurses and dietitians) from many facilities across Oklahoma including but not limited to INTEGRIS Health and Mercy. If you would like to volunteer, email [kim@dsok.net](mailto:kim@dsok.net).

Kim Boaz-Wilson, RN, BSN, CDE, is the diabetes camp director; and David Domek, M.D., serves as the medical director.

**Registration deadline: May 30, 2017**

**For questions call (405) 843-4386**



# Camp NoHiLo Registration

## June 5-9, 2017

Camper name \_\_\_\_\_

Camper is a: BOY GIRL Birth date \_\_\_\_/\_\_\_\_/\_\_\_\_

Street address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_ ZIP \_\_\_\_\_

Home phone \_\_\_\_\_

Other phone \_\_\_\_\_

Parent/Guardian names \_\_\_\_\_

E-mail address \_\_\_\_\_  
(Parent e-mail for additional registration purposes)

Diabetes physician \_\_\_\_\_

**Please tell us about your camper's diabetes:**

Year diagnosed with diabetes: \_\_\_\_\_

Insulin plan for camper: \_\_\_\_\_ inject insulin  
\_\_\_\_\_ pump insulin

**Please select a camper T-shirt size:**

YOUTH Size Y-Small Y-Medium Y-Large Y-XL  
ADULT size: Small Medium Large XL XXL

Camper's will be divided into groups by age. Does your child have any requests to be in the same group as another camper, counselor or adult? If so, please list name(s):

Sibling name \_\_\_\_\_

Sibling is a: BOY GIRL Birth date \_\_\_\_/\_\_\_\_/\_\_\_\_

**Please select a camper T-shirt size:**

YOUTH Size Y-Small Y-Medium Y-Large Y-XL  
ADULT size: Small Medium Large XL XXL

**On-line registration now available! Visit [www.dsok.net](http://www.dsok.net)**

Please send completed registration and payment to:  
**Diabetes Solutions-OK Inc.**  
3333 NW 63rd, Suite 100  
Oklahoma City, OK 73116  
Or fax to (888) 665-2741 with credit card payment  
For questions call (405) 843-4386 or  
e-mail [tracy@dsok.net](mailto:tracy@dsok.net)

**PLEASE NOTE:**

- Diabetes Solutions and Camp NoHiLo is **NOT** financially supported by the **JDRF** or the **ADA** (American Diabetes Association).
- The actual cost to DSOK to send one child to camp is \$175. Donations allow us to charge the reduced fee of \$110 to ALL campers and families. Please help us find donations to help fund the subsidy.
- Any amount paid (over \$110) by the camper family is considered a donation to the subsidy fund.
- You can pay for any or all of the camper fee by asking for donations to be made to DSOK in your child's name.

**Payment of fees:** (please select A or B)

Reduced camper fee: \$110 Per Camper

Actual cost per camper: \$175

A. \_\_\_\_\_ I am sending the following amount with this registration to be applied to my camper's registration fee:

- \_\_\_\_\_ \$25 minimum deposit to hold campers spot
- \_\_\_\_\_ \$110 reduced camper fee
- \_\_\_\_\_ other \_\_\_\_\_

**REGISTRATION DEADLINE: May 30, 2017**

B. \_\_\_\_\_ I would like to apply for financial assistance for my camper and I am sending the \$25 minimum deposit per child (or other amount \$ \_\_\_\_\_) with this registration.

**Donate to Diabetes Solutions!**

Please accept my donation to help diabetes camping in Oklahoma:

- \_\_\_\_\_ \$10,000 \_\_\_\_\_ \$5,000 \_\_\_\_\_ \$1,000
- \_\_\_\_\_ \$500 \_\_\_\_\_ \$100 \_\_\_\_\_ \$50
- \_\_\_\_\_ Other \$ \_\_\_\_\_

\_\_\_\_\_ I would like to sponsor the following named camper:

**Why donate to Diabetes Solutions?** Our mission is to improve the lives of people with diabetes in Oklahoma and to reduce the incidence of diabetes and its complications through education. Diabetes Solutions is a non-profit organization that is dependent on donations from people and groups like you. Without support from generous people, Diabetes Solutions and the programs we offer could not exist. Thank you for your support!

**Payment Method:**

- \_\_\_\_\_ I have enclosed a check or money order
- \_\_\_\_\_ Please bill my debt or credit card \$ \_\_\_\_\_
  - \_\_\_\_\_ VISA
  - \_\_\_\_\_ MasterCard
- Card # \_\_\_\_\_
- Card expiration date \_\_\_\_\_
- Cardholder's billing ZIP code \_\_\_\_\_
- Card 3 digit security code (on back of card) \_\_\_\_\_
- Signature \_\_\_\_\_

